



## Webinar Series



### **Mental Health in the Workplace**

Stress and poor mental health contribute significantly to disease and disability, as well as absenteeism, diminished performance, and other workplace issues. Providing a safe and healthy work environment is usually associated with physical risks, but workplaces present just as much danger for employees' mental health.

Organizations are obligated to protect all aspects of health and safety for employees, and so should consider emotional and mental well-being, too.

This webinar will help employers recognize the warning signs of mental illness, and what organizations can do to minimize mental health hazards, accommodate employees, and provide a healthy work environment that supports the physical and mental well-being of employees.

### **Join us for our webinar as we discuss:**

Why workplace mental health matters;  
Mental health first aid;

How employers can help; and  
Accommodation and mental health.

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## Mark Your Calendars!

**Date:** Thursday, July 25, 2019 **Time:** 2:00 p.m. to 2:45 p.m. ET

[Register Now](#)

Registration Link: <https://offers.hrdownloads.com/webinar-registration-july-2019-email>

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